

# Mindful Living

Square 12x12



**Format:** 12 Full-Month Square Wall Calendar with 4-Month Additional Planner Page

**MSRP:** US: \$14.99 CAN: \$19.99  
978-1-9754-3981-1

**EAN:** 12" x 12" (30.5cm x 30.5cm) Square

**Size:** 24 interior pages plus 4-page cover


**Pages:** Full color printing throughout. High-quality, gloss, FSC paper.



Mindful Living encourages you to take time for yourself and live a balanced, happy, peaceful life. The images each month feature complementary quotes to inspire reflection and introspection.

Cover image and design subject to change.

BrownTrout is committed to sustainability. Our wall calendars are printed on Forestry Stewardship Council (FSC) certified paper from managed forests and are printed with soy- and vegetable-based inks, which are less harmful to the environment than petroleum-based alternatives.

## Connecting People to Their Passions

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